

REHABILITASI NARKOBA

Sistem, Stigma dan Solusi



Nasrullah
Sarwan Perangin-Angin

REHABILITASI **NARK** **BA**

--- Sistem, Stigma dan Solusi ---

Nasrullah | Sarwan Perangin-Angin

Penerbit KBM Indonesia

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REHABILITASI NARKOBA

Sistem, Stigma dan Solusi

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KARYA BAKTI MAKMUR (KBM) INDONESIA

Anggota IKAPI (Ikatan Penerbit Indonesia)

NO. IKAPI 279/JTI/2021

Depok, Sleman-Jogjakarta (Kantor)

081357517526 (Tlpn/WA)

Penulis

Nasrullah

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Editor

Dr. Muhamad Husein Maruahey, Drs., M.Sc

Desain Sampul

Aswan Kreatif

Tata Letak

Ara Caraka

15,5 x 23 cm, iv + 194 halaman

Cetakan ke-1, September 2025

ISBN 978-634-202-676-2

Isi buku diluar tanggungjawab penerbit

Hak cipta merek KBM Indonesia sudah terdaftar di

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Undang-Undang No. 28 Tahun 2014 Tentang Hak Cipta

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KATA PENGANTAR

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Puji dan syukur penulis panjatkan ke hadirat Allah *Subhana wa Ta'ala*, Tuhan Yang Maha Pemurah atas limpahan Rahmat dan Karunia-Nya sehingga buku ini dapat disusun dan diselesaikan. Buku yang berjudul **Rehabilitasi Narkoba: Sistem, Stigma dan Solusi**, kini hadir sebagai upaya intelektual dan tanggung jawab moral dalam merespons persoalan adiksi narkoba yang tidak hanya menjadi krisis kesehatan masyarakat, tetapi juga krisis moral dan krisis kemanusiaan yang kompleks di Indonesia.

Buku ini disusun untuk menguraikan secara argumentatif dan komprehensif tentang berbagai dimensi yang melingkupi sistem rehabilitasi narkoba di tanah air. Penulis memaparkan bagaimana kebijakan, pendekatan medis, psikososial, serta pola rehabilitasi berbasis komunitas telah dikembangkan dan diterapkan dengan segala kelebihan maupun keterbatasannya. Uraian dalam buku ini tidak berhenti pada deskripsi normatif, melainkan menelusuri secara analitis akar persoalan yang menyertai proses pemulihan pecandu—terutama berkaitan dengan stigma sosial yang masih melekat kuat dalam konstruksi masyarakat.

Stigma terhadap pecandu narkoba menjadi salah satu hambatan utama dalam keberhasilan rehabilitasi. Oleh sebab itu, buku ini juga menyajikan analisis kritis terhadap bagaimana narasi sosial dibentuk, bagaimana masyarakat merespons penyintas adiksi, serta bagaimana negara dapat berperan sebagai fasilitator pemulihan yang berpihak pada nilai-nilai keadilan dan kemanusiaan.

Penulis mengangkat beragam dinamika, termasuk fragmentasi koordinasi antar instansi, keterbatasan sumber daya manusia profesional, serta tantangan dalam reintegrasi sosial pasca rehabilitasi.

Selain mengulas sisi permasalahan, buku ini juga menawarkan sejumlah solusi progresif—baik melalui pendekatan berbasis hak asasi manusia, penguatan model rehabilitasi berbasis komunitas, maupun integrasi kearifan lokal dalam kerangka pemulihan. Di dalamnya, pembaca akan menemukan refleksi kebijakan, hasil riset, praktik baik, serta pemikiran-pemikiran konstruktif yang diharapkan dapat memperkaya wacana akademik dan kebijakan terkait rehabilitasi narkoba di Indonesia.

Akhir kata, penulis berharap buku ini dapat menjadi referensi berharga bagi para akademisi, praktisi kesehatan, pembuat kebijakan, aktivis sosial, serta masyarakat luas yang peduli terhadap isu pemulihan adiksi. Semoga buku ini dapat membuka cakrawala berpikir yang lebih humanistik dan solutif dalam melihat pecandu bukan sebagai pelaku kriminal, melainkan sebagai manusia yang layak dipulihkan, diberdayakan, dan dikembalikan martabatnya.

Medan, September 2025

Penulis

Nasrullah & Sarwan Perangin-Angin

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TENTANG PENULIS



Nasrullah, akademisi dan praktisi rehabilitasi narkoba, aktif menulis di beberapa media lokal dan nasional, lahir di Medan tanggal 30 September 1974. Tulisannya juga telah pula mengisi beberapa jurnal nasional dan internasional terutama yang berkaitan dengan hukum, dan aktif dalam kegiatan kemasyarakatan, advokasi

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