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PROMETRIC EXAM POCKET

GUIDE 2025

**2nd
Edition**

Welcome Speech by
Dr. Yessie Kualasari, MKK, MKKK
Labour Attaché - Embassy of the Republic of Indonesia in Abu Dhabi (UAE)

PROMETRIC

EXAM POCKET GUIDE 2025

— 2nd Edition —

AUTHOR:

Satya Putra Lencana
Akhir Fahrudin
Narchis H. Basulthanah



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– 2nd Edition –

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WELCOME SPEECH OF THE LABOUR ATTACHE OF INDONESIAN EMBASSY IN UNI ARAB EMIRATE (UAE)

It is with great pride and purpose that I present the *Prometric Examination Pocket Guide – 2025*, a resource of vital importance for Indonesian nurses and midwives aspiring to practice their noble profession abroad—particularly in Saudi Arabia and the wider Gulf region.

As a medical doctor and currently serving as Labour Attaché at the Embassy of the Republic of Indonesia in Abu Dhabi, I have witnessed firsthand both the aspirations and the challenges faced by our healthcare professionals in their pursuit of international licensure, in order to pursue international opportunities. Their dedication not only reflects personal ambition, but also strengthens Indonesia's presence in the global healthcare workforce. The process—from credential verification and regulatory systems like DataFlow and Mumaris Plus, to the high-stakes Prometric or Pearson VUE examinations—can be daunting and complex, particularly for those navigating it for the first time.

This guide serves as a bridge across that complexity. With its structured chapters, insightful strategies, and clinically relevant question banks, it provides more than just academic content—it offers clarity, direction, and confidence. It recognizes not only the technical requirements of international exams but also the broader goal: helping Indonesian

healthcare professionals attain recognition, dignity, and professional advancement on the global stage.

What distinguishes this Second Edition is its responsiveness to the evolving standards of the Saudi Commission for Health Specialties (SCFHS) and its attention to the unique challenges faced by our workforce. It reflects a deep understanding of the licensing landscape and offers practical support every step of the way—from study techniques to exam readiness and beyond.

This guide is more than a study resource. It is a companion for our nurses, midwives, and other healthcare professionals navigating the demands of international certification. Developed with practical insights and structured for efficient learning, this guide is aimed at improving both competence and confidence.

I hope this book serves not only as a tool for exam preparation, but also as a symbol of our commitment to supporting Indonesian migrant workers in achieving excellence. Let it be a bridge—linking aspiration to achievement, and local talent to global opportunities.

I honour the authors and contributors of this guide for their commitment to educational excellence and ethical preparation. I also extend my encouragement to every nurse and midwife who picks up this book: Know that your skills are needed, your contributions are valued, and your dreams are valid.

May this guide empower you not only to pass an exam, but to begin a new chapter of your professional journey with confidence, competence, and pride. Best wishes for your success.

Dr. Yessie Kualasari, MKK, MKKK

Labour Attaché

Embassy of the Republic of Indonesia in Abu Dhabi

[Abu Dhabi, UAE]

2025



FOREWORD OF THE INDONESIAN NATIONAL NURSES ASSOCIATION (INNA) IN SAUDI ARABIA

The journey toward becoming a licensed healthcare professional in the Gulf region—particularly in Saudi Arabia—requires not only clinical competence but also a clear understanding of complex regulatory systems. As more nurses and midwives seek opportunities abroad, navigating the path to licensure through the Saudi Commission for Health Specialties (SCFHS) has become a critical milestone.

The *Prometric Examination Pocket Guide – 2025*, now in its second edition, is a timely and invaluable resource. Designed specifically for nurses and midwives, this guide simplifies the most essential steps in the licensing process: from DataFlow verification and Mumaris Plus registration to exam preparation through Prometric and Pearson VUE. The content is concise, practical, and tailored to the real-world challenges faced by healthcare professionals aspiring to work in the Gulf Countries.

What sets this edition apart is its clarity and relevance. Whether you are starting your application or preparing to sit for the exam, this guide will serve as your trusted companion—supporting your confidence and competence every step of the way.

We extend our appreciation to the authors for their dedication in crafting such a practical and accessible tool. May this guide help you succeed not only in your examinations but also in your broader professional journey.

Ade Koswara., RN., CP.

Ketua DPLN PPNI Perwakilan Arab Saudi

July 2025



FOREWORD OF THE AUTHORS

With gratitude and enduring commitment, we present the Second Edition of the Prometric Exam Pocket Guide – 2025. This book is the result of a long and thoughtful journey—a continuation and evolution of the first edition that was published in 2022. We return to this work not only to update but to refine, reinforce, and expand the knowledge needed by nurses and midwives who aspire to serve in the international healthcare sector, particularly in the Gulf region.

The road to creating this second edition has been rigorous. It required deep analysis, ongoing review of emerging literature, critical evaluation of real-world scenarios, and many discussions with educators, clinicians, and healthcare professionals. Our vision was clear: to offer a guide that not only supports exam preparation but also enhances critical thinking, decision-making, and clinical excellence.

This new edition introduces enriched content—hundreds of the most recent and relevant questions, structured not just to test memory, but to cultivate clinical judgment. Our emphasis on scenario-based questions mirrors the evolving structure of licensing examinations like Prometric and Pearson VUE, which increasingly assess applied knowledge in practical contexts. Through this approach, we hope to prepare every reader to think like a nurse, reason like a clinician, and act like a licensed professional.

As authors, we view this book as more than a publication—it is a legacy. We write not for recognition, but for contribution. We believe that

writing is one of the most powerful forms of extending one's life and purpose. Even when our time as educators and practitioners has passed, may these pages continue to guide, teach, and inspire future generations of healthcare heroes.

This book is also a testament to hope. Each page reflects the shared dream of many Indonesian nurses and midwives who seek international licensure—not for prestige, but for purpose. We see you. We honor your determination. And we offer this book as a bridge to help you cross toward that goal.

We thank everyone who supported this process—our mentors, colleagues, institutions, and most importantly, the readers. Your success is our joy. Your growth is our motivation. Your voice is why we write.

Please keep us in your prayers, that our steps may not end here. May we continue to grow, serve, and offer more in the future.

Warm regards,

The Author Team

Prometric Exam Pocket Guide – 2025

Jakarta, Indonesia

2025



GLOSSARY

No	Abbreviations	Explanation
1.	SNLE	Saudi Nursing Licensing Examination
2.	SCFHS	Saudi Commission for Health Specialities
3.	OMSB	Oman Medical Speciality Board
4.	DHA	Dubai Health Authority
5.	QCHP	Qatar Council Health Practitioner
6.	NHRA	National Health Regulatory Authority
7.	MOH	Ministry of Health
8.	CBT	Computer Based Test
9.	MTKI	Majelis Tenaga Kesehatan Indonesia
10.	STR	Surat Tanda Registrasi
11.	Passing rate	Angka derajat minimal kelulusan



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Currently, he serves as the CEO & Managing Director of Devisaudia, as well as the CEO of “Kadai Minang Madinah,” an Indonesian restaurant based in Saudi Arabia. He is also active as a Trainer in online health professional learning programs, a Public Speaker at various national seminars, and an Author across multiple platforms and personal publications.

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in various mathematics olympiads, led national seminar committees, and authored several books.

With a passion for cooking, she is also highly active in educating young people and mothers through her published writings. Currently, she serves as CFO and a Trainer in midwifery classes at Devisaudia, where she helps prepare healthcare professionals to pursue careers abroad.

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